



# PICK & ROLL...

FIBA Referee Meeting  
Munich

30.05.2015





Karsten Schul

*„Get the best shot available, in the fewest passes, to eliminate turnovers“ – Jeff Van Gundy*



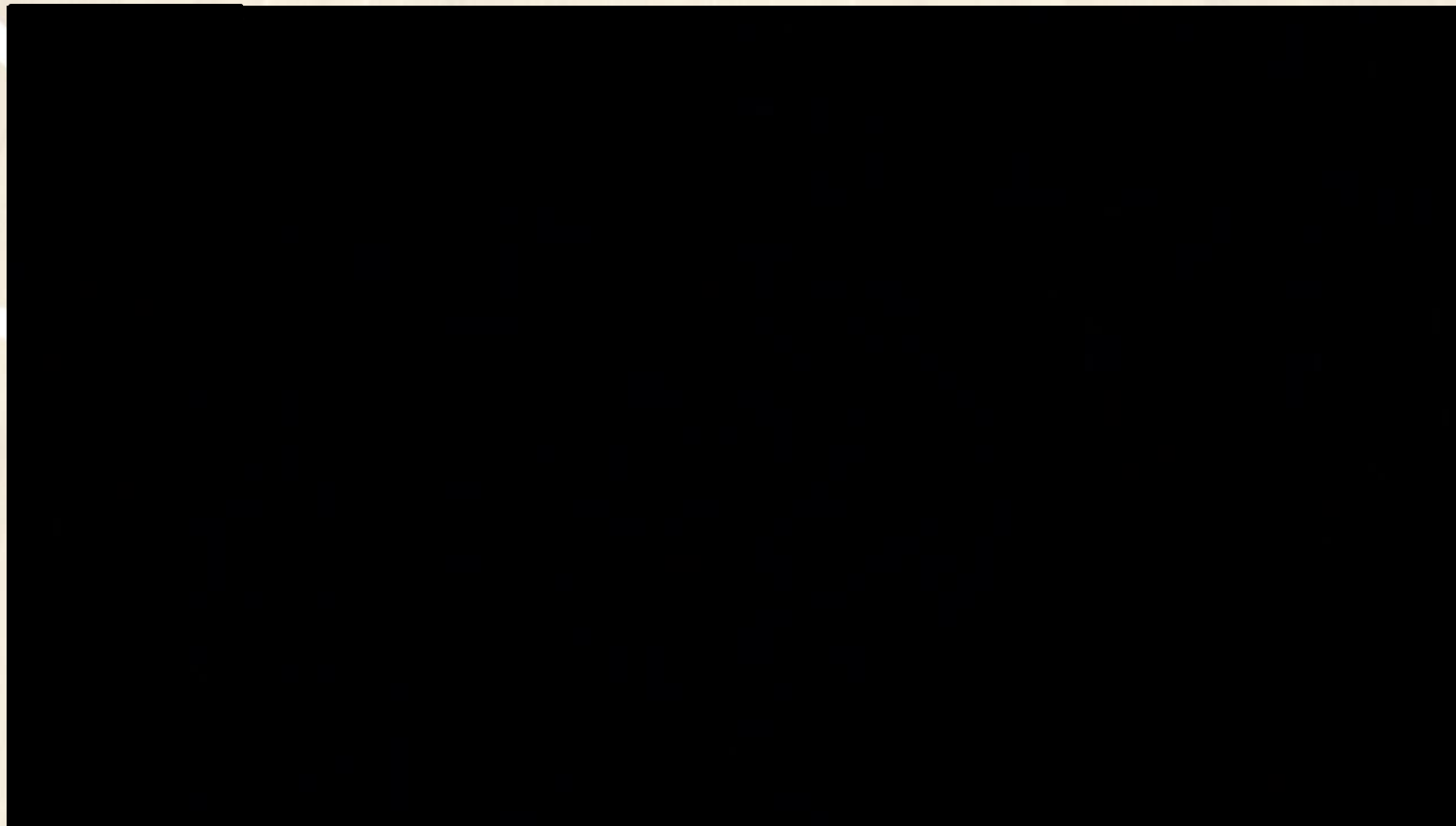


## Today`s game plan:

-  1st Quarter *Warm up*
-  2nd Quarter *How to run the Pick and Roll*
-  3rd Quarter *How to defend the Pick and Roll*
-  4th Quarter **Crunchtime**

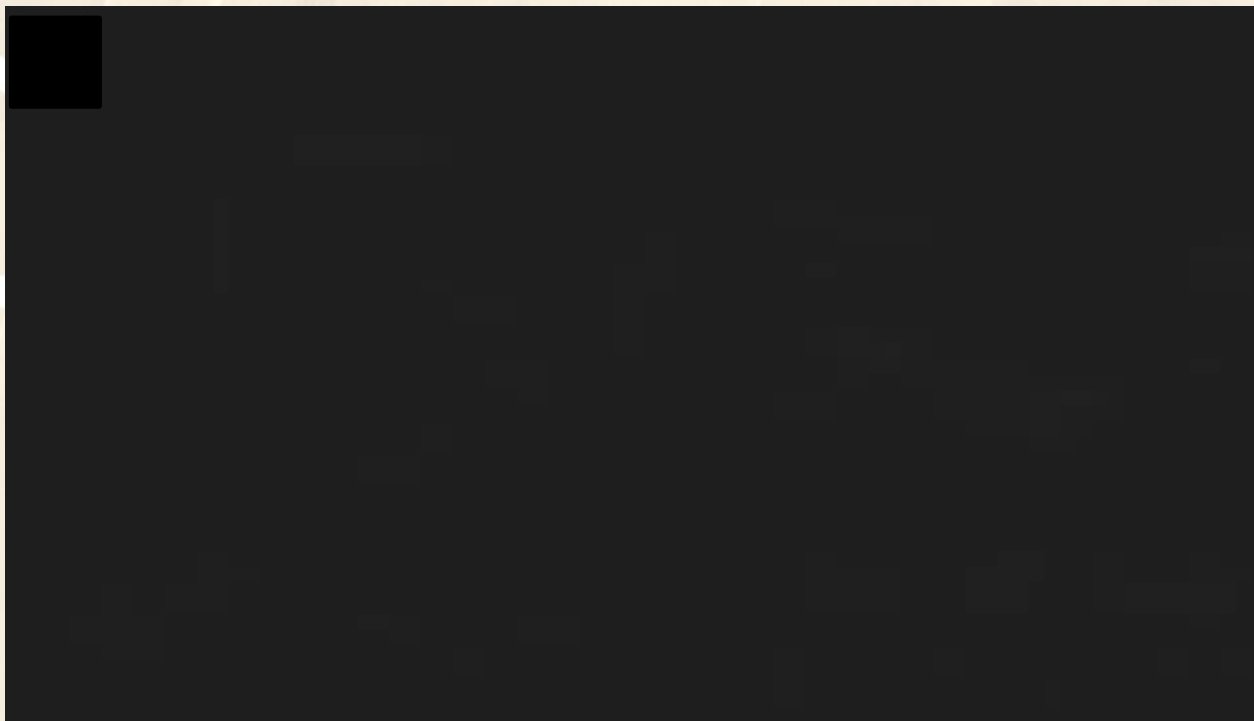


# PICK & ROLL








# PICK & ROLL





## In general the Pick & Roll...

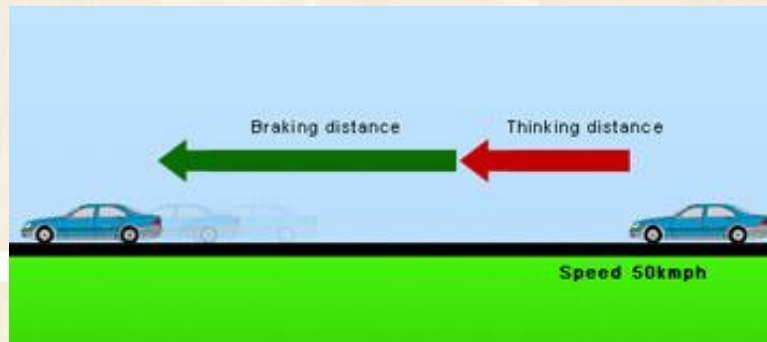
-  can create mismatches
-  forces the defense to make a decision
-  can cause foultrouble
-  exploits the best offensive players





# The Pick & Roll provides...

 proper spacing



 good timing




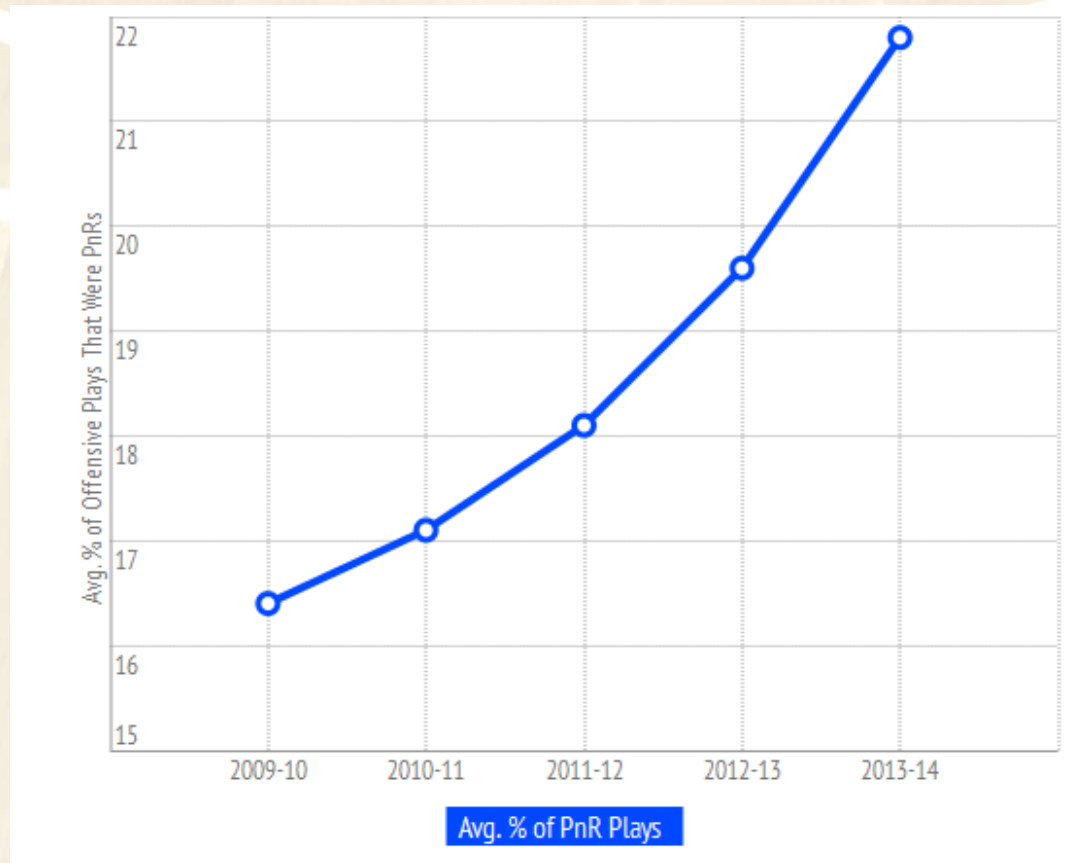
 ability and will to score





## Pick & Roll facts...

 > 22% of all plays / NBA team / season





## Pick & Roll facts...

- 🏀 Close to 4000 screens / NBA team / season

Most points per pick-and-roll possession, team

Team	Screens	Scr/100	Rank	P&R Poss.	Team PTS	PTS/Poss
Phoenix	2,640	47.8	24	2,162	2,362	1.093
Houston	2,480	44.2	27	2,091	2,282	1.091
Portland	2,805	49.7	23	2,295	2,499	1.089
Oklahoma City	2,834	50.0	22	2,354	2,554	1.08
New York	2,782	51.9	16	2,292	2,452	1.07
Miami	2,768	54.0	12	2,145	2,294	1.07
Dallas	3,955	69.6	1	3,031	3,226	1.06
San Antonio	2,752	50.7	20	2,224	2,361	1.06
Indiana	2,420	44.6	26	2,015	2,139	1.06
Toronto	3,529	66.2	2	2,696	2,848	1.06

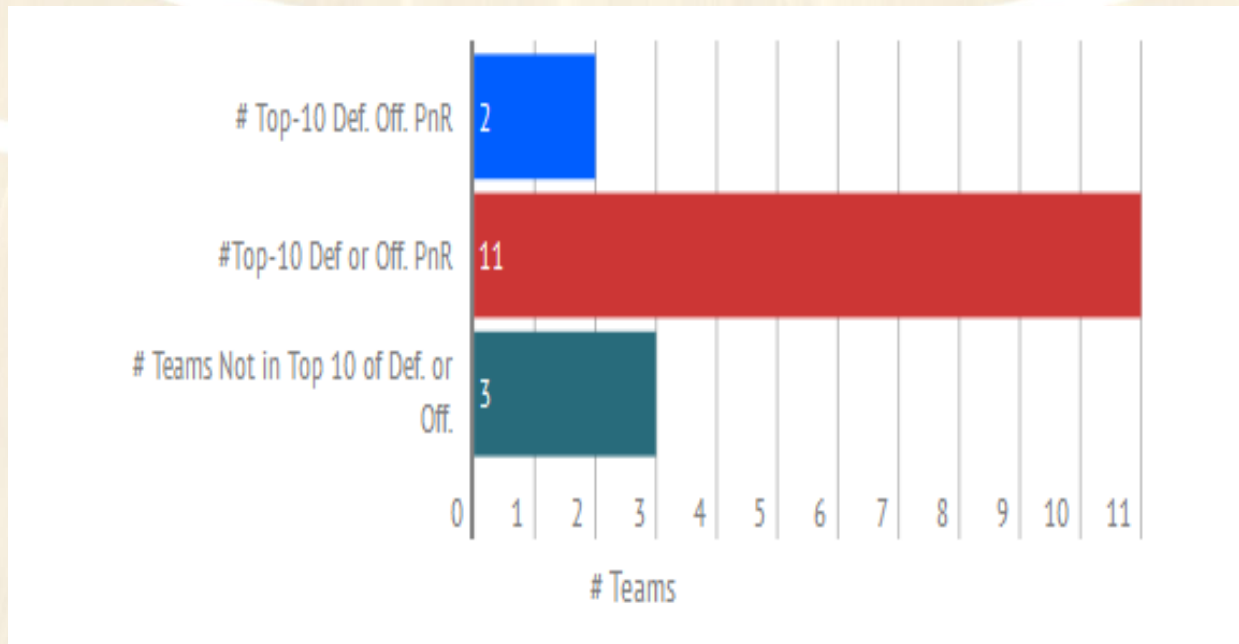
*Scr/100 = Screens per 100 possessions*





## Pick & Roll facts...

### 2014 Playoff Teams PnR Performance



**Pick & Roll: Ball Handler**

A screen is set on the ball handler's defender out on the perimeter. The offensive player can use the screen or go away from it and as long as the play yields a possession-ending event, it is tagged as a pick and roll.

Team	FREQ	PTS	PPP
Dallas Mavericks	21.3%	1,508	0.80
Charlotte Hornets	21.3%	1,473	0.80
Oklahoma City Thunder	18.0%	1,352	0.82
Orlando Magic	20.7%	1,314	0.73
Toronto Raptors	17.5%	1,273	0.84

*Minimum of 10 min/game and 10 possessions per play type to qualify.*

**Pick & Roll: Roll Man**

When a screen is set for the ball handler, and the screen setter then receives the ball for a possession-ending event. This action can include: pick and rolls, pick and pops and the screener slipping the pick.

Team	FREQ	PTS	PPP
Boston Celtics	8.3%	770	1.03
New Orleans Pelicans	8.3%	752	1.05
Orlando Magic	8.6%	732	0.99
Atlanta Hawks	8.6%	726	0.99
Portland Trail Blazers	8.2%	713	0.99

*Minimum of 10 min/game and 10 possessions per play type to qualify.*

## Offensive Pick & Roll: Ball Handler

[View All](#)

### Pick & Roll: Ball Handler

A screen is set on the ball handler's defender out on the perimeter. The offensive player can use the screen or go away from it and as long as the play yields a possession-ending event, it is tagged as a pick and roll.

Player	FREQ	PTS	PPP
<a href="#">Damian Lillard</a>	44.0%	689	0.90
<a href="#">Chris Paul</a>	46.5%	678	0.97
<a href="#">Monta Ellis</a>	43.7%	608	0.83
<a href="#">Kyrie Irving</a>	40.3%	572	0.91
<a href="#">Russell Westbrook</a>	33.8%	544	0.79

*Minimum of 10 min/game and 10 possessions per play type to qualify.*

## Offensive Pick & Roll: Roll Man

[View All](#)

### Pick & Roll: Roll Man

When a screen is set for the ball handler, and the screen setter then receives the ball for a possession-ending event. This action can include: pick and rolls, pick and pops and the screener slipping the pick.

Player	FREQ	PTS	PPP
<a href="#">Anthony Davis</a>	24.5%	423	1.16
<a href="#">Nikola Vucevic</a>	24.7%	370	1.04
<a href="#">Brook Lopez</a>	24.3%	315	1.08
<a href="#">Marc Gasol</a>	20.4%	300	1.02
<a href="#">Al Horford</a>	24.6%	277	1.00

*Minimum of 10 min/game and 10 possessions per play type to qualify.*



## Offensive Hand-Off

[View All](#)

### Hand-Off

The screen setter starts with the ball and hands the ball to a player cutting close by. This enables the player handing the ball off to effectively screen off a defender creating space for the player receiving the ball.



Player	FREQ	PTS	PPP
JJ Redick	15.2%	169	1.01
Gordon Hayward	12.6%	160	0.85
Avery Bradley	16.1%	151	0.81
Jimmy Butler	11.0%	118	0.88
Klay Thompson	7.1%	117	1.05

*Minimum of 10 min/game and 10 possessions per play type to qualify.*



## Pick & Roll facts...

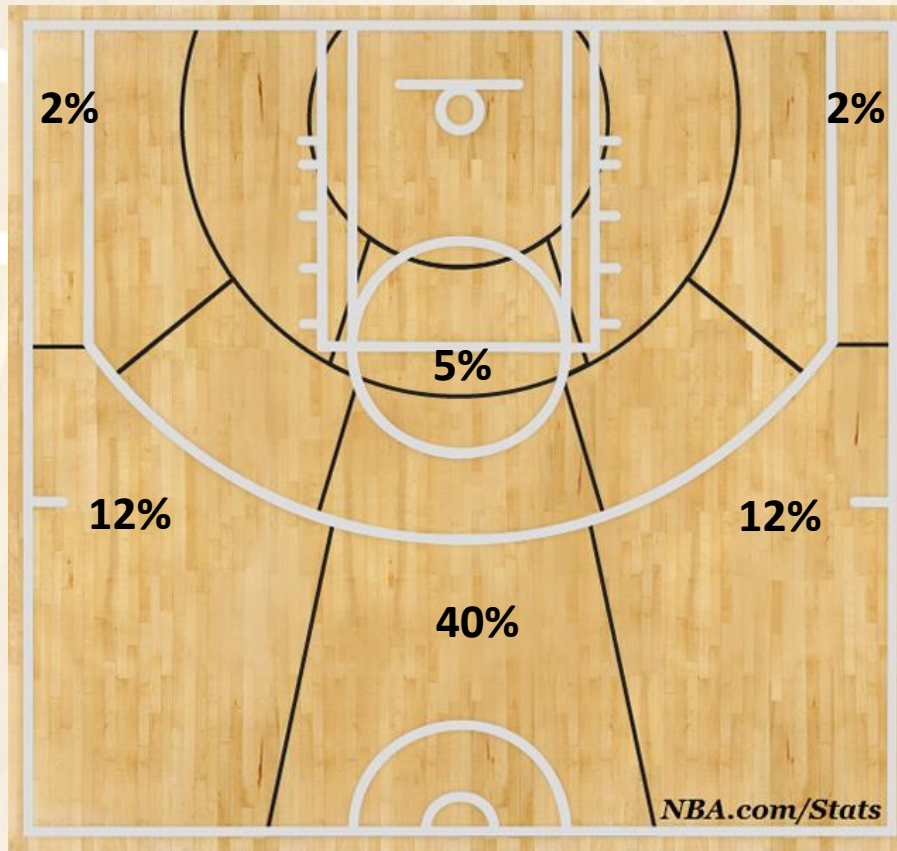
- 🏀 22 % field goal attempts by ball handler;  
11 % by screener

Team	Ball-handler	Screener	Scr.	P&R Poss.	Team PTS	PTS/Poss
PHX	Dragic	Frye	425	392	510	1.30
MIA	Wade	Andersen	131	124	160	1.29
OKC	Durant	Collison	119	114	143	1.25
OKC	Westbrook	Durant	156	148	185	1.25
NOP	Holiday	Anderson	130	125	156	1.25
SAC	Thomas	Gay	168	165	202	1.22
POR	Batum	Lopez	183	180	220	1.22
POR	Williams	Lopez	121	111	135	1.22
IND	Stephenson	Hibbert	147	144	175	1.22
OKC	Durant	Perkins	209	196	238	1.21

*Minimum 100 pick-and-roll possessions*

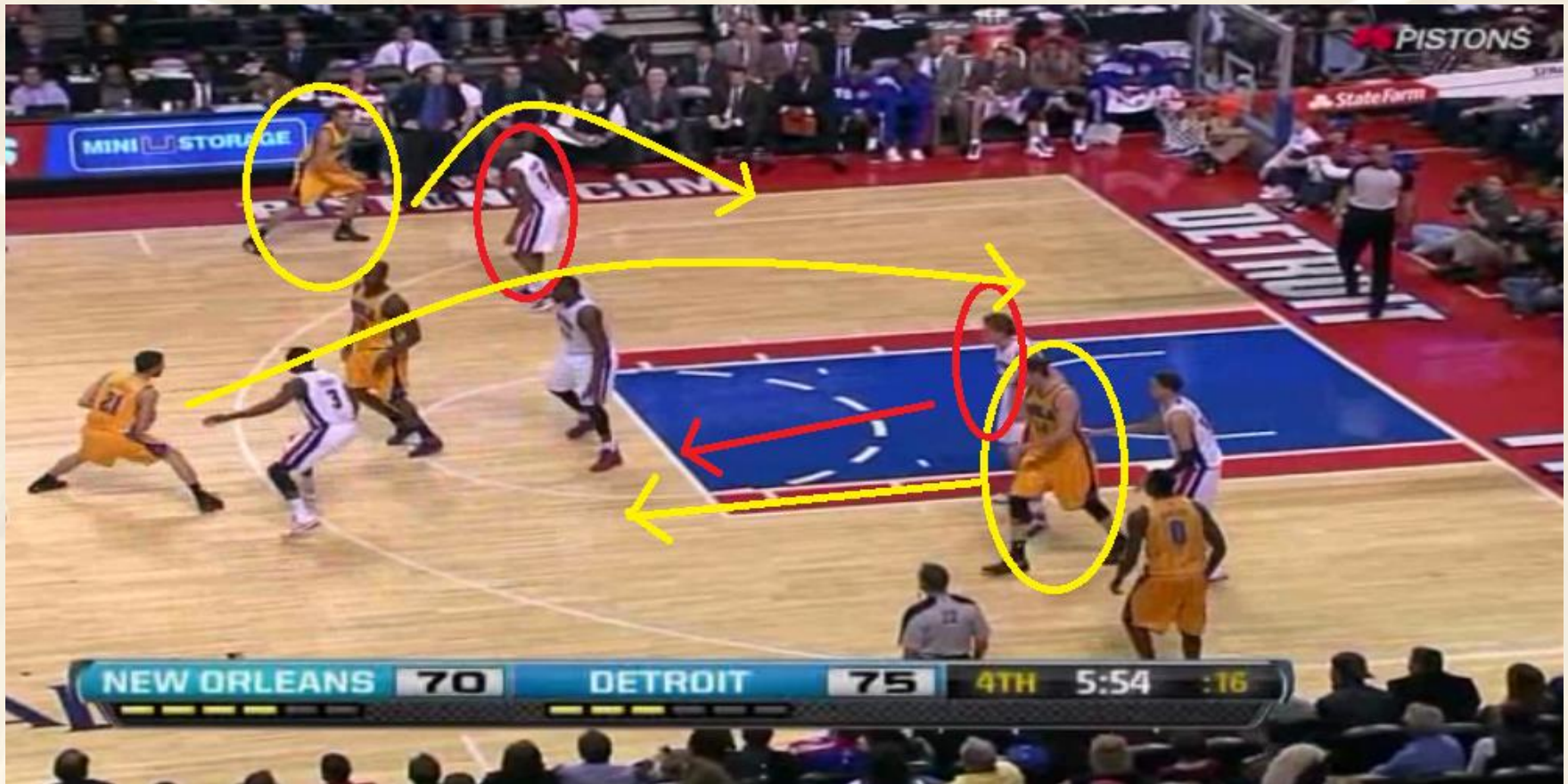


## Pick and Roll by location





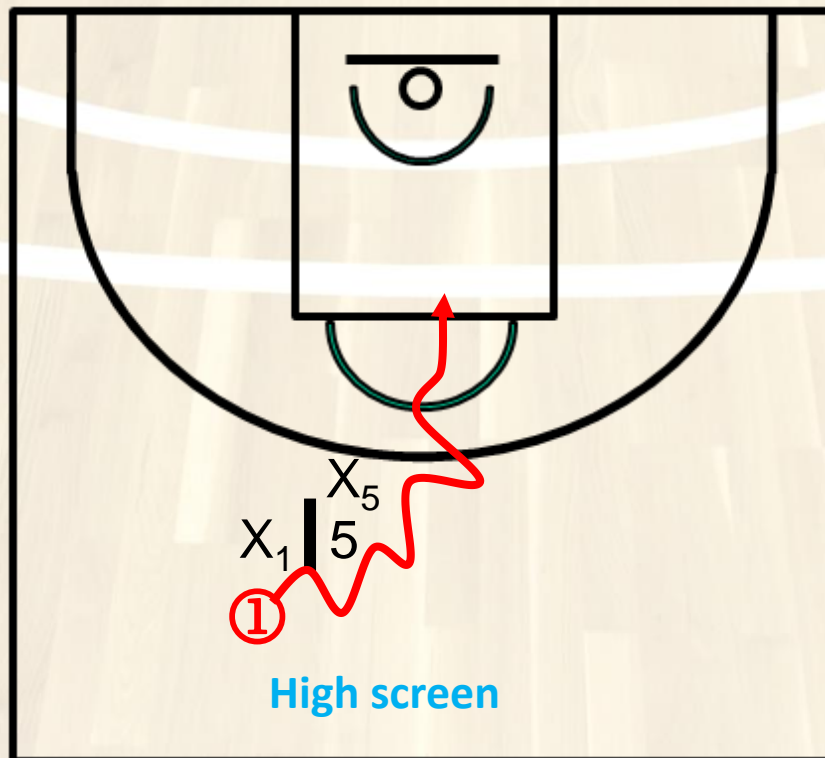
# How to run the Pick and Roll...





# Straight-line attack

Ball Handler

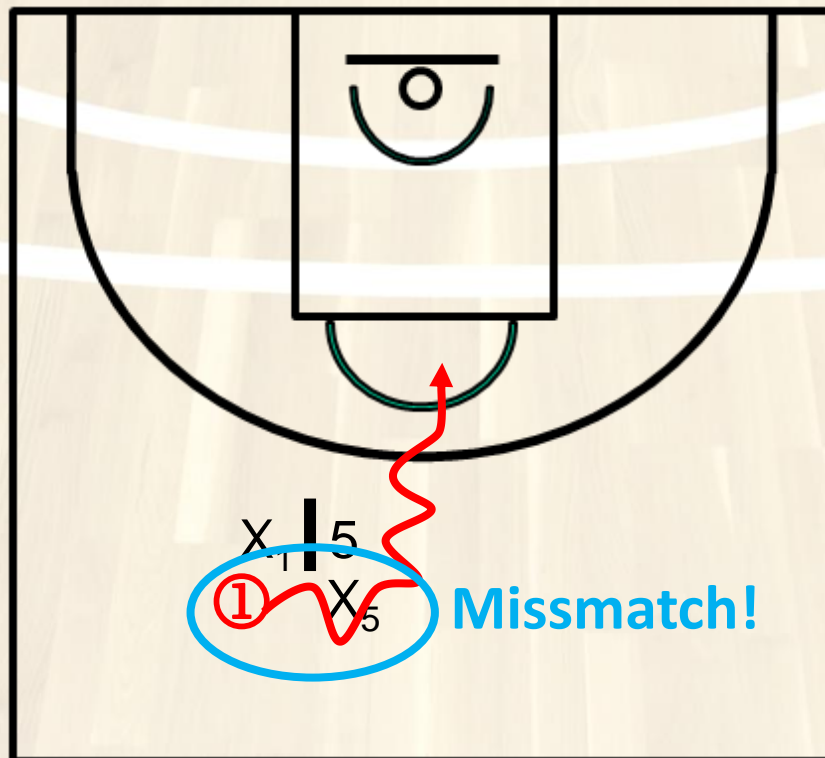






# Attack the hedge

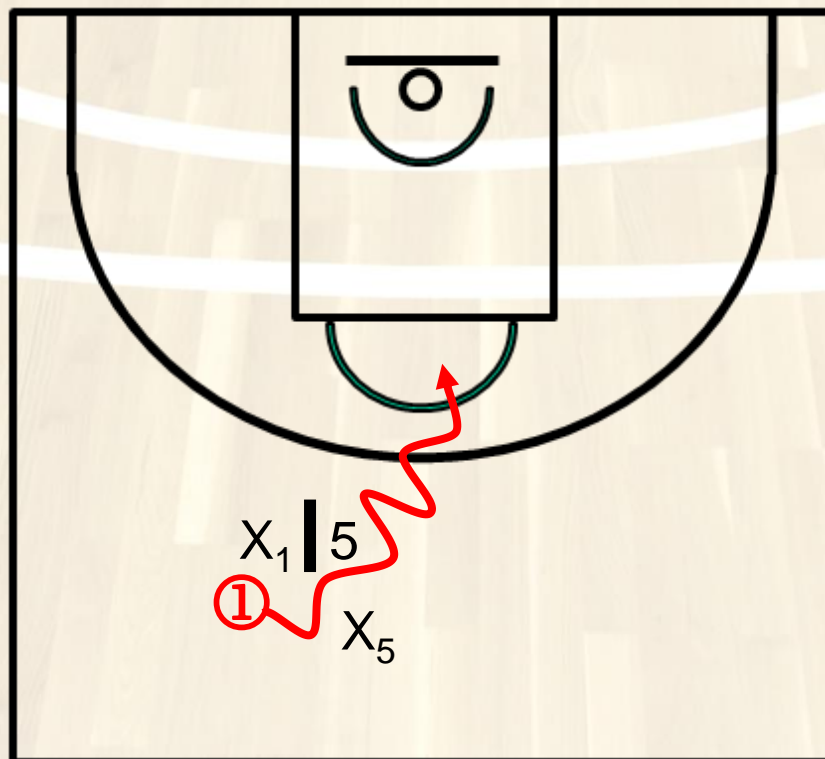
Ball Handler





# Split the hedge (split the trap)

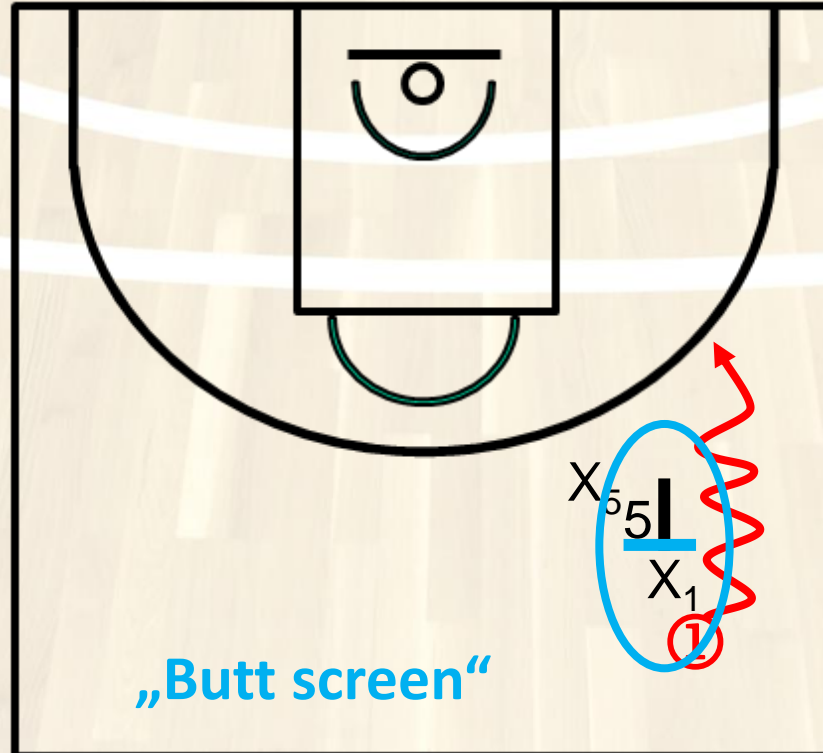
Ball Handler





# Turn down the screen

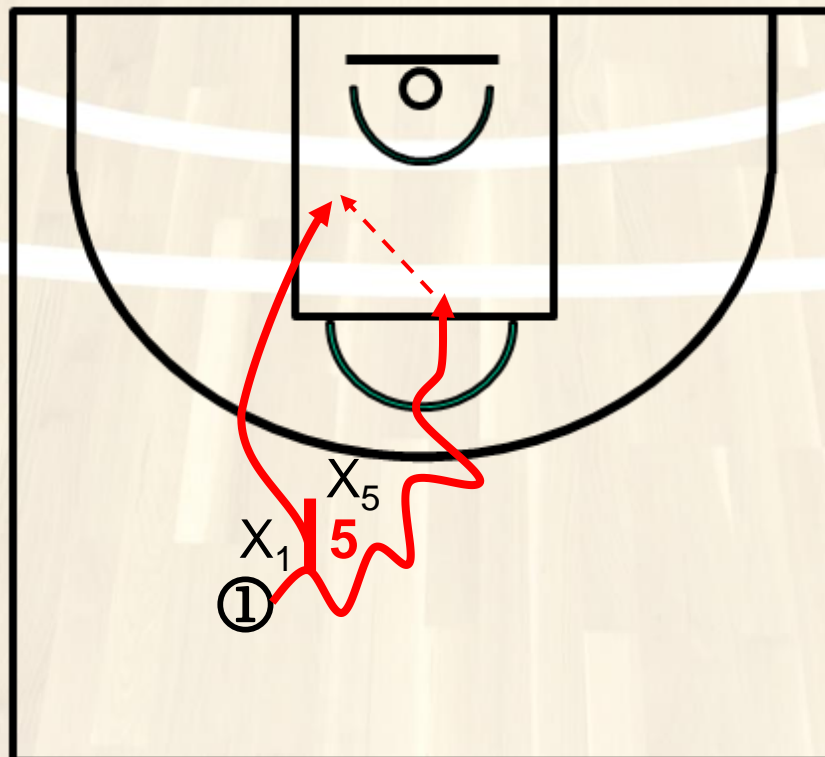
Ball Handler





# Roll (to the basket)

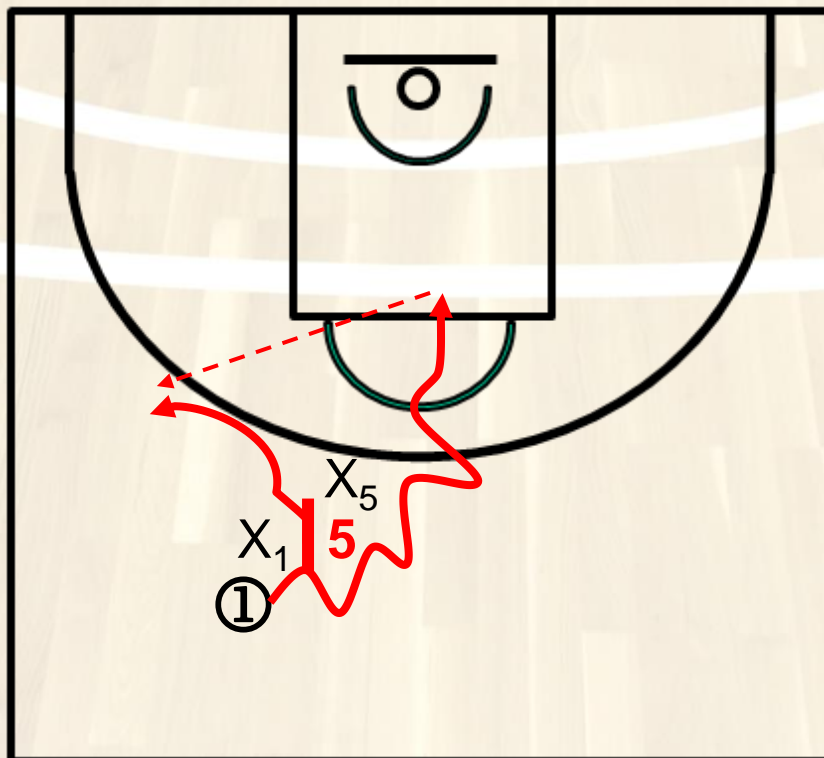
Roll Man





# Pop (outside)

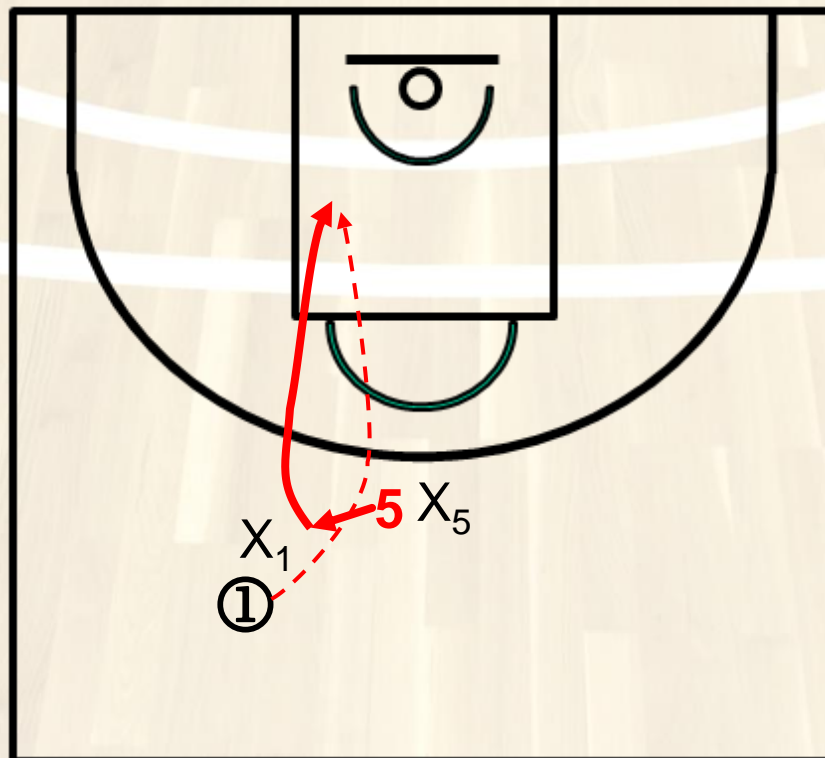
Roll Man





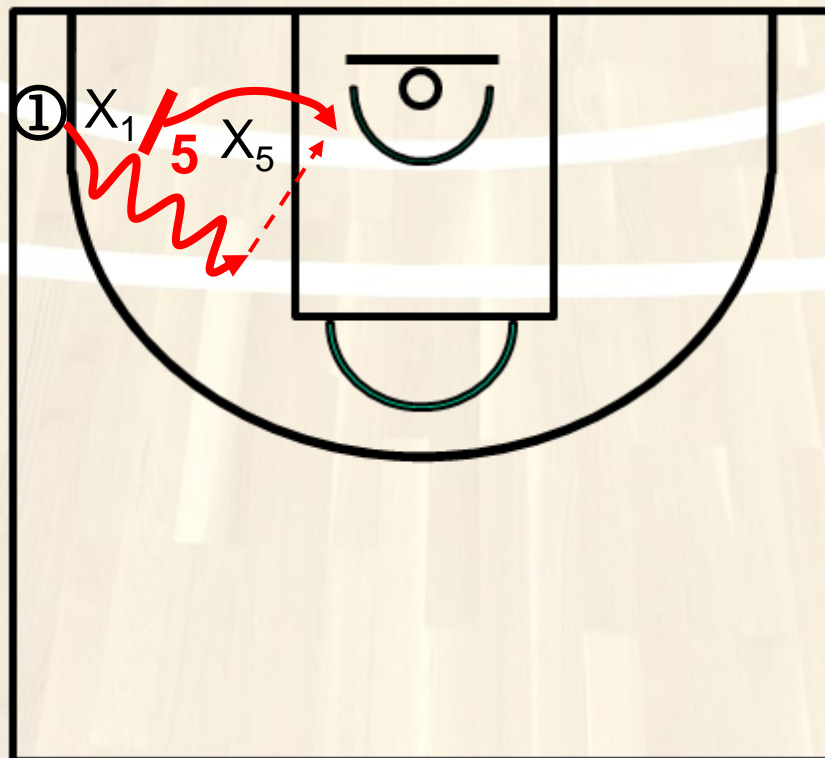
# Slip (to the basket)

Roll Man



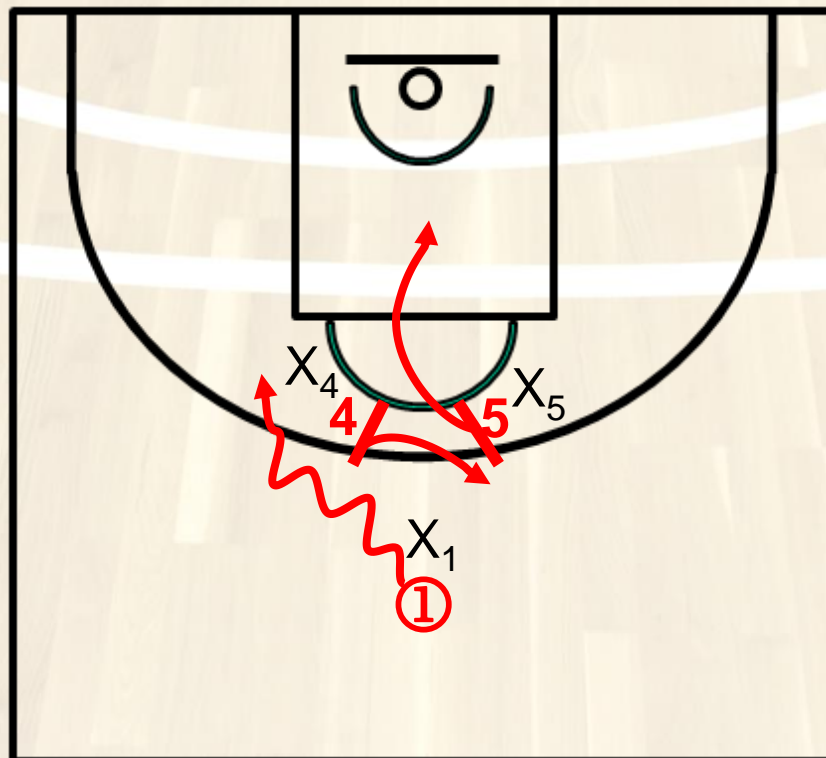


# Corner Pick & Roll





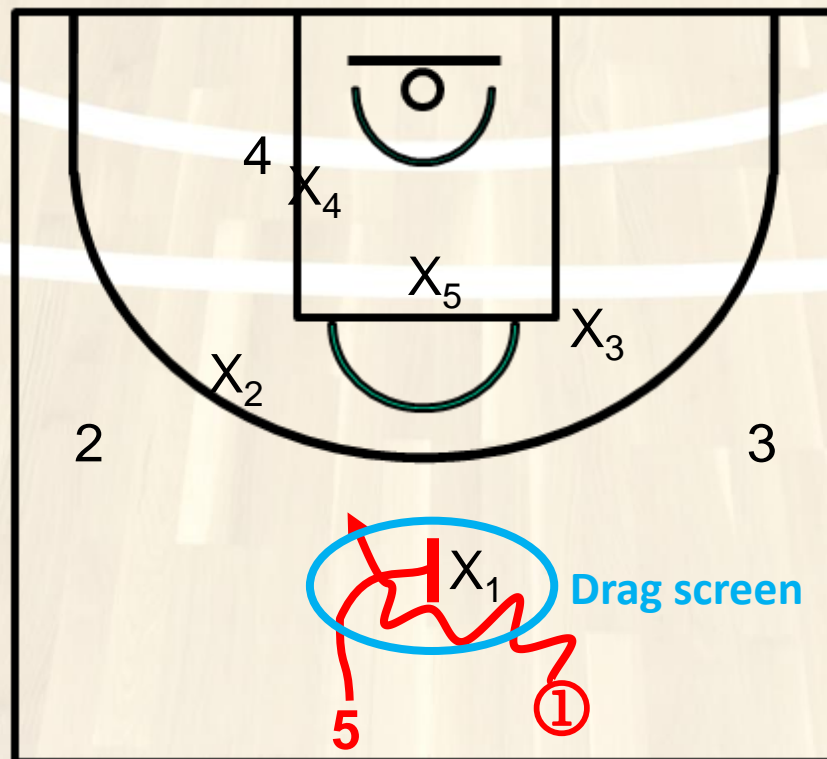
# Horns





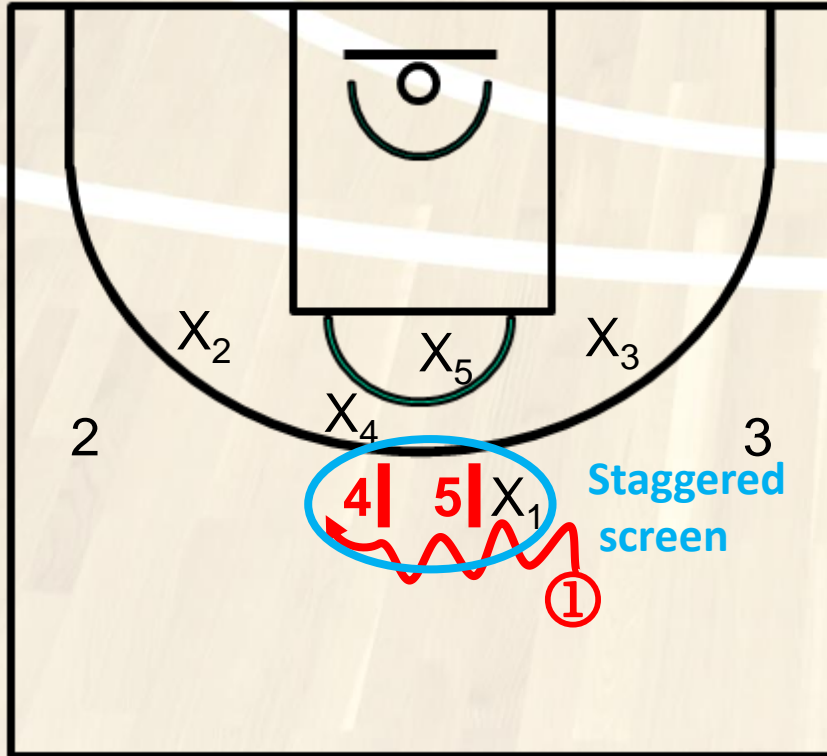


# Fast break / Early offense



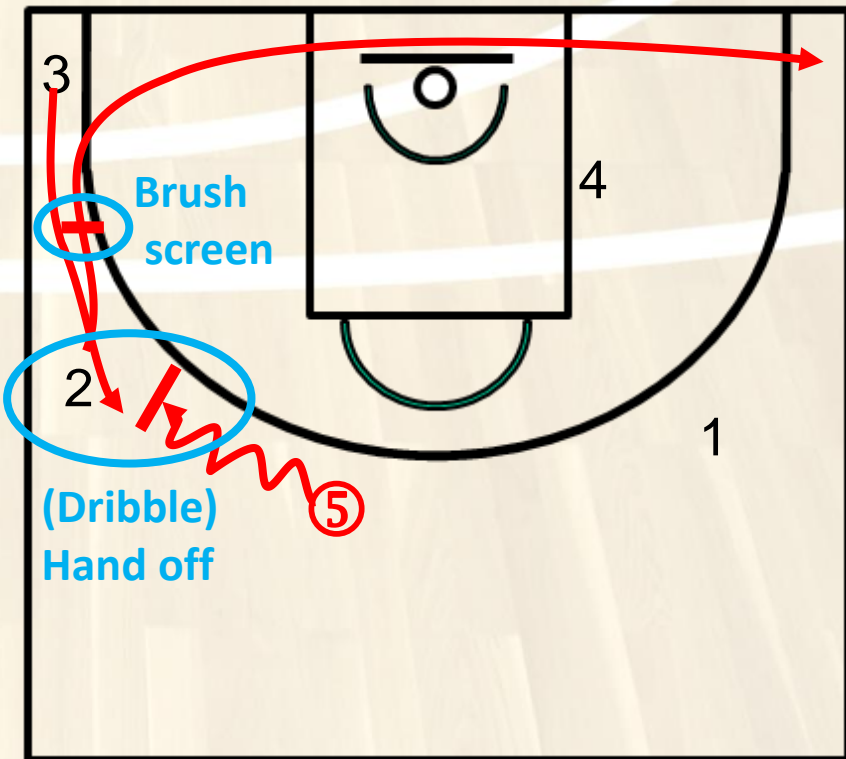
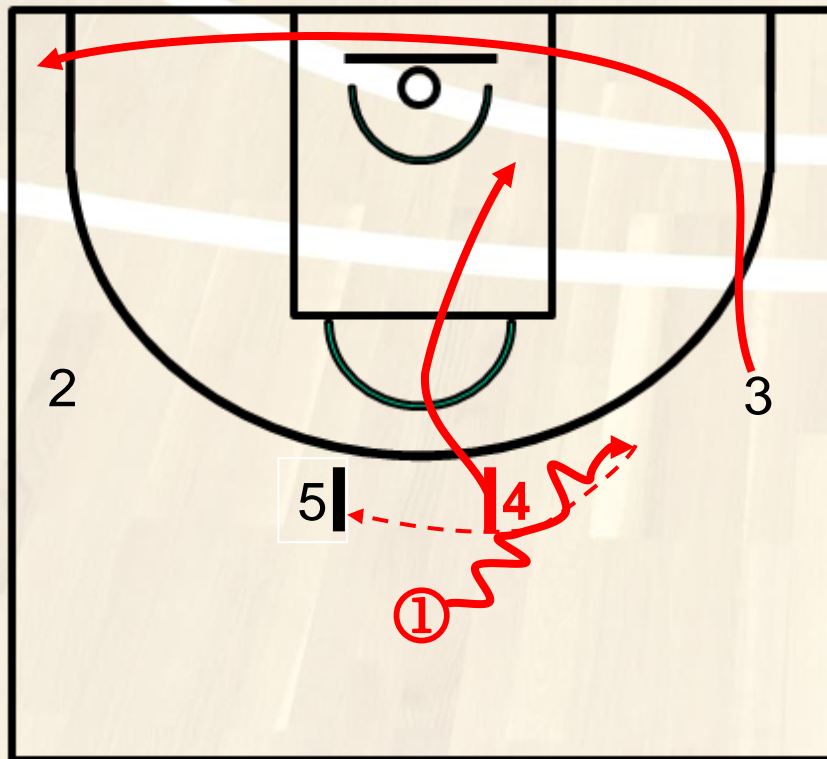


# Staggered Pick & Roll / Pop



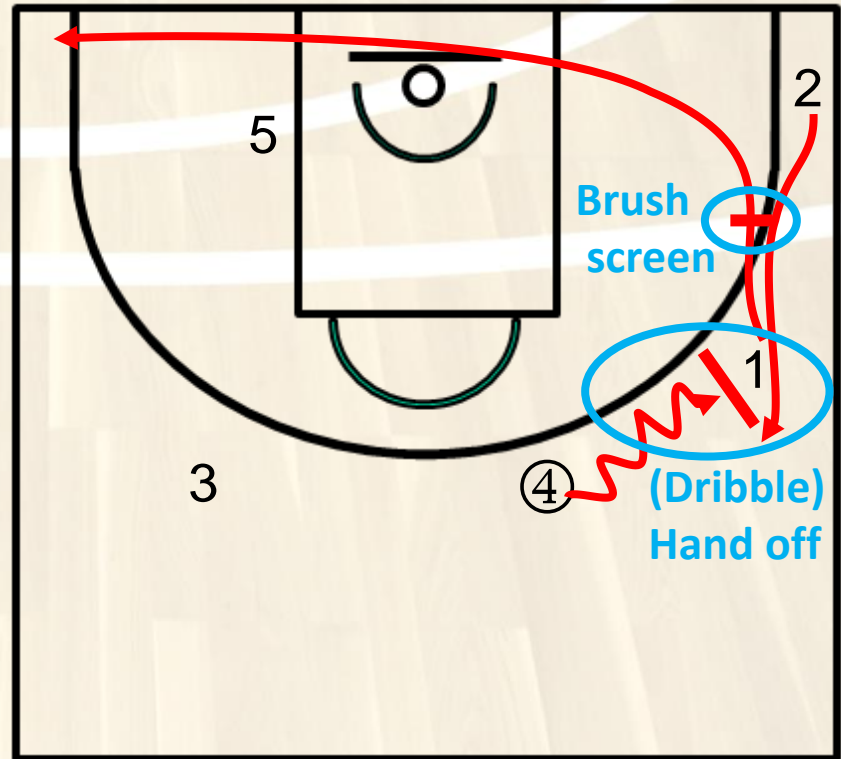
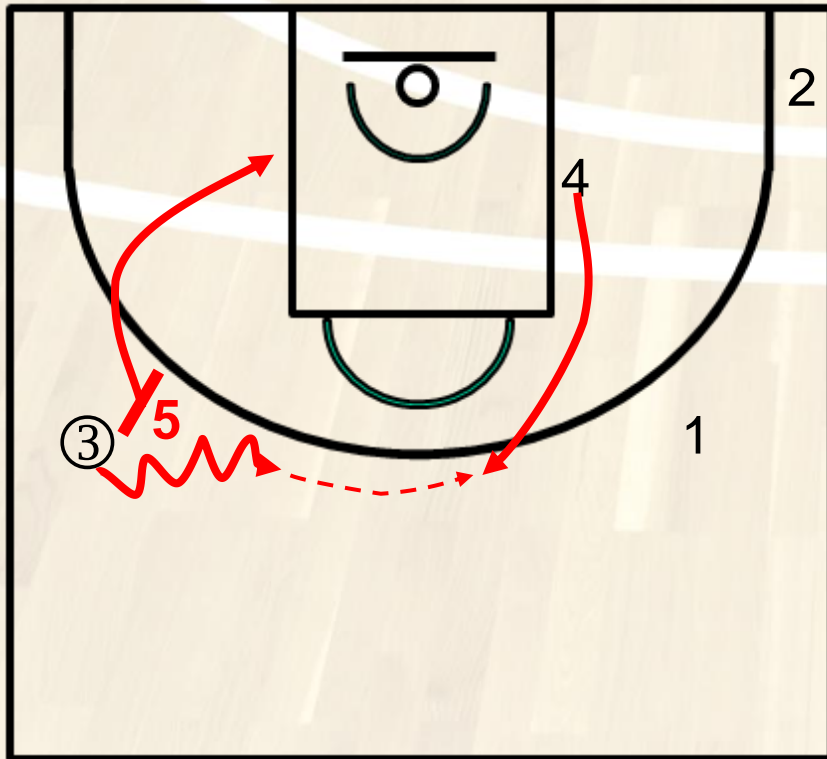


# Continuum...motion offense





# Continuum... motion offense





# How to defend the Pick and Roll...



**Pick & Roll: Ball Handler**

A screen is set on the ball handler's defender out on the perimeter. The offensive player can use the screen or go away from it and as long as the play yields a possession-ending event, it is tagged as a pick and roll.

Team	FREQ	PTS	PPP
Los Angeles Clippers	12.2%	797	0.75
Atlanta Hawks	12.8%	807	0.72
Milwaukee Bucks	13.1%	819	0.70
Miami Heat	13.6%	851	0.74
Oklahoma City Thunder	12.5%	869	0.78

*Minimum of 10 min/game and 10 possessions per play type to qualify.*

**Pick & Roll: Roll Man**

When a screen is set for the ball handler, and the screen setter then receives the ball for a possession-ending event. This action can include: pick and rolls, pick and pops and the screener slipping the pick.

Team	FREQ	PTS	PPP
Houston Rockets	5.1%	437	0.93
Milwaukee Bucks	5.5%	460	0.94
Memphis Grizzlies	6.9%	496	0.84
Dallas Mavericks	5.9%	497	0.94
Philadelphia 76ers	5.8%	515	0.98

*Minimum of 10 min/game and 10 possessions per play type to qualify.*



## Defensive Hand-Off

[View All](#)

### Hand-Off

The screen setter starts with the ball and hands the ball to a player cutting close by. This enables the player handing the ball off to effectively screen off a defender creating space for the player receiving the ball.

Team	FREQ	PTS	PPP
Miami Heat	2.9%	207	0.83
Houston Rockets	3.3%	232	0.78
Los Angeles Clippers	3.7%	236	0.72
Toronto Raptors	3.0%	242	0.91
Detroit Pistons	3.2%	243	0.87

*Minimum of 10 min/game and 10 possessions per play type to qualify.*



# To defend the Pick & Roll you need...



good communication



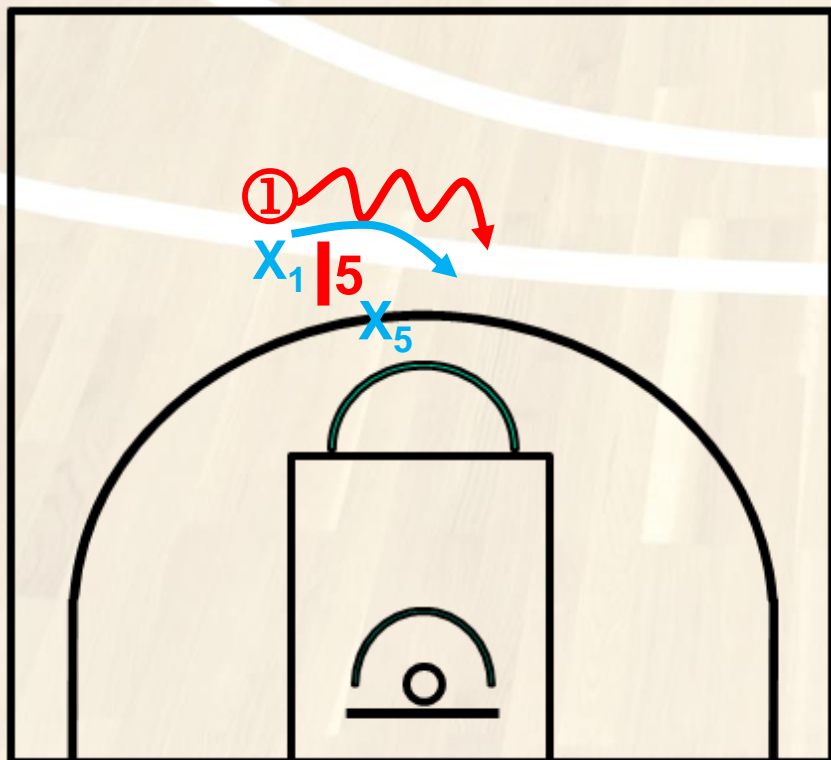
athleticism





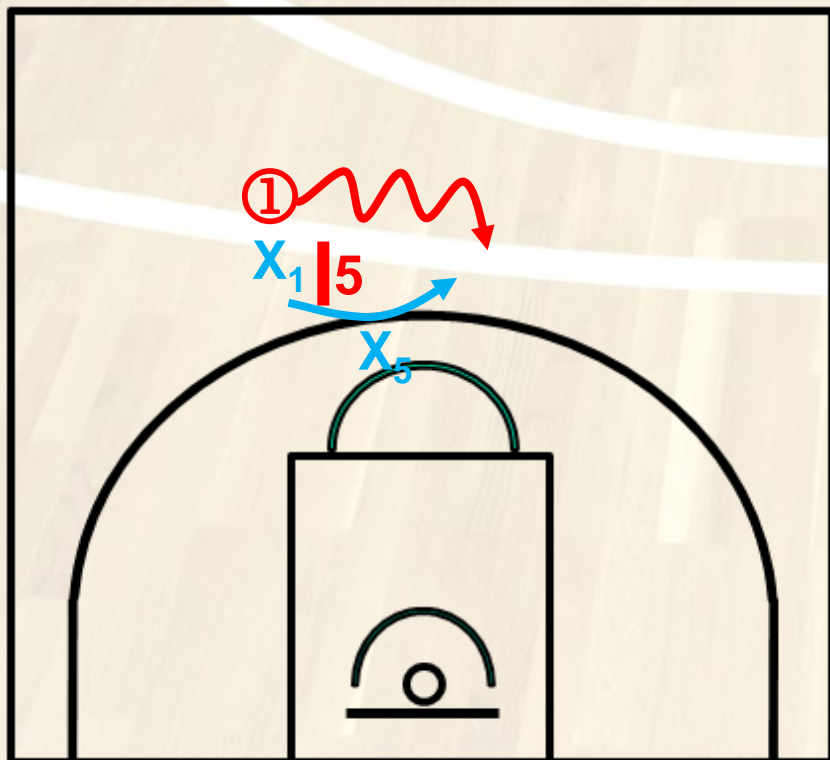


# Over the screen



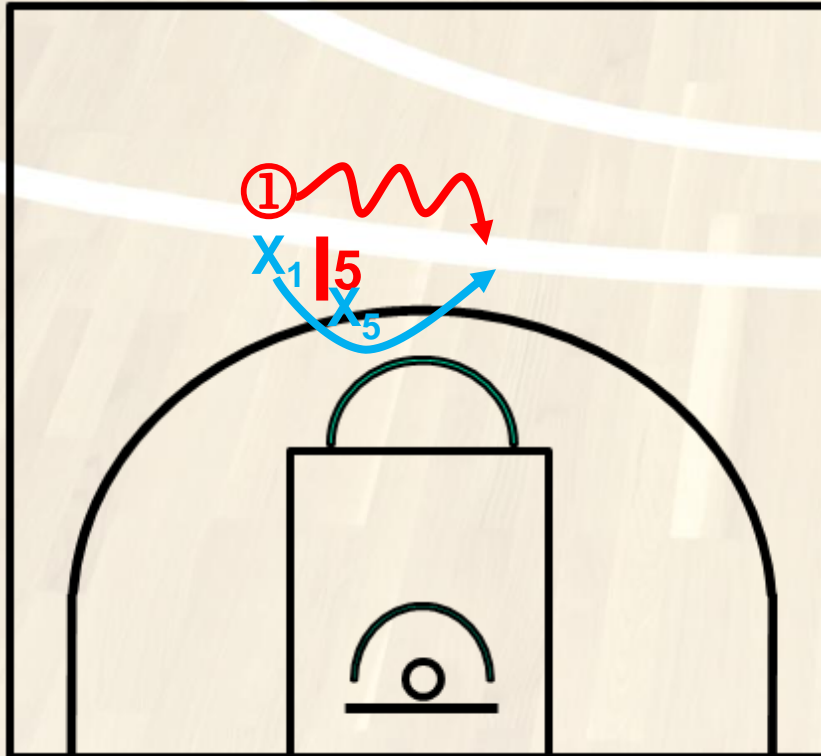


# Under the screen (one deep)



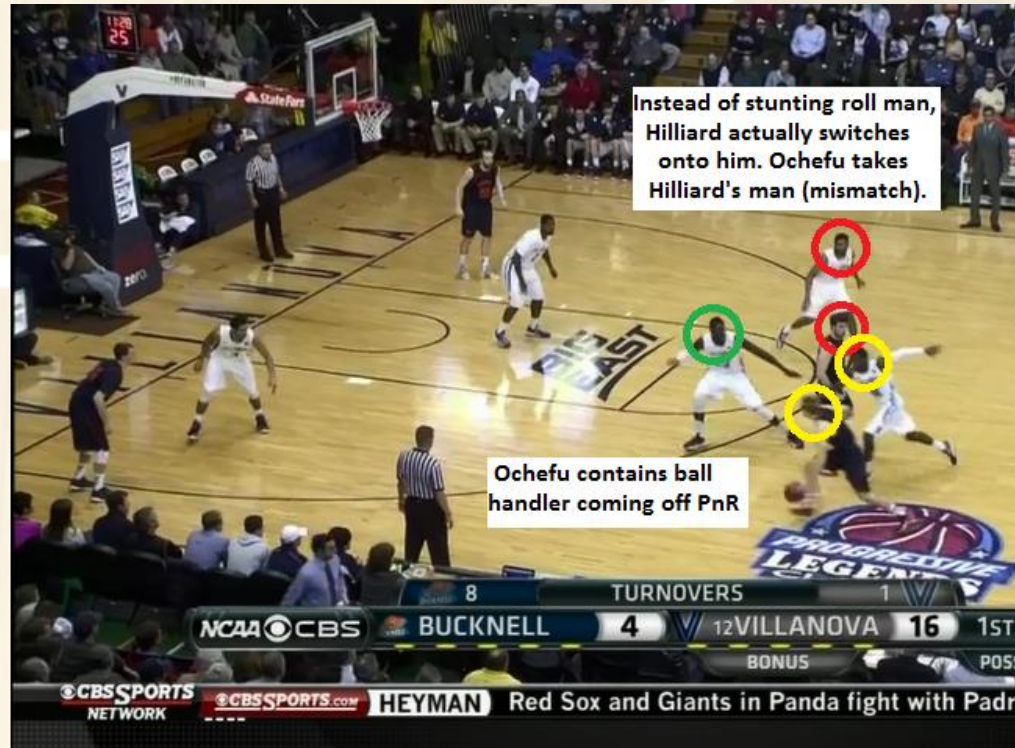
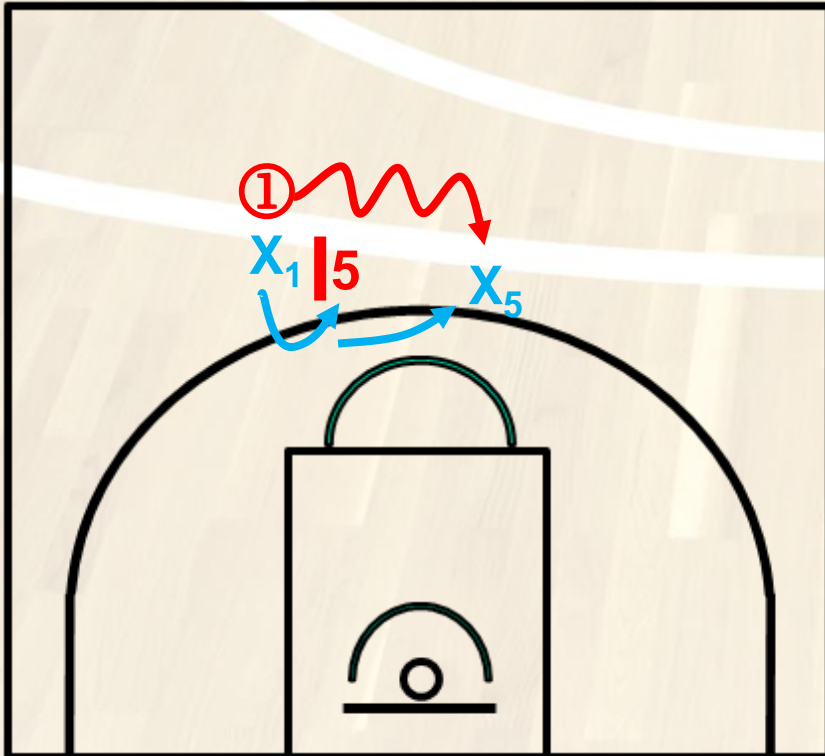


# Squeeze (or push) and under (two deep)





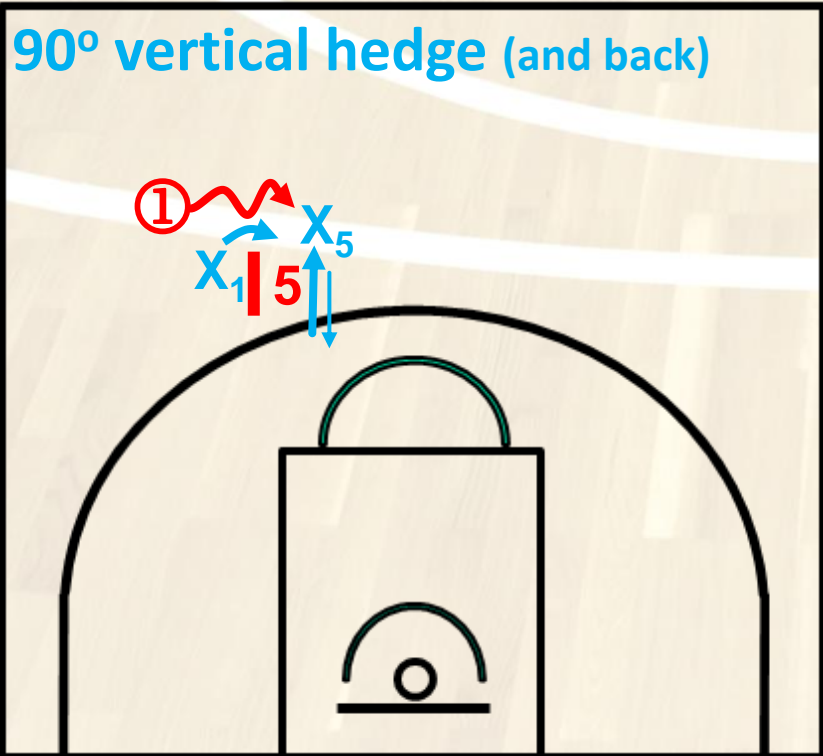
# Switching





# Hard help and recover (Show)

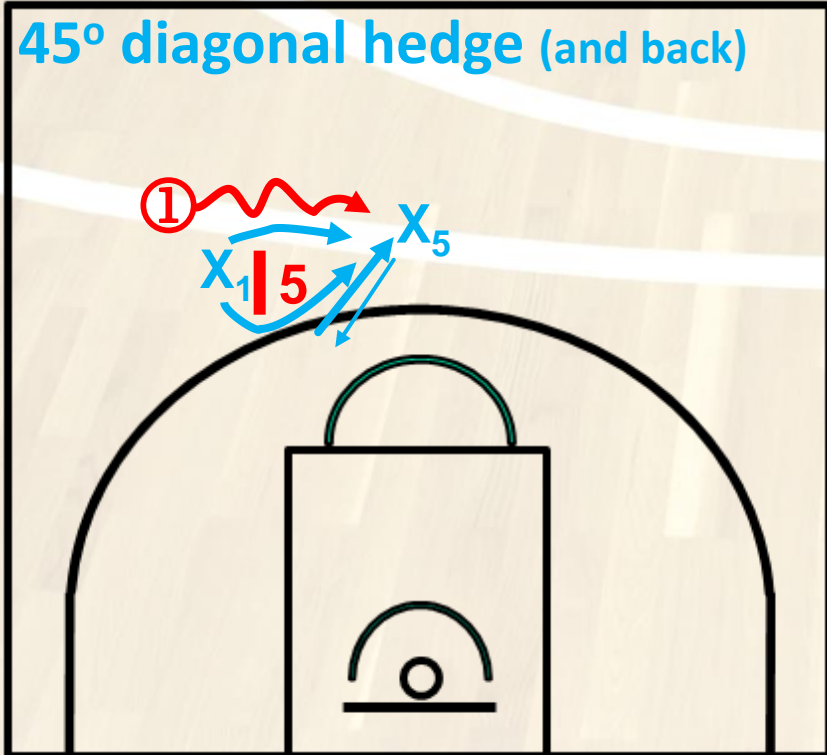
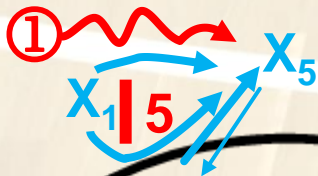
(long arm show, contact show)





# Soft help and recover

45° diagonal hedge (and back)



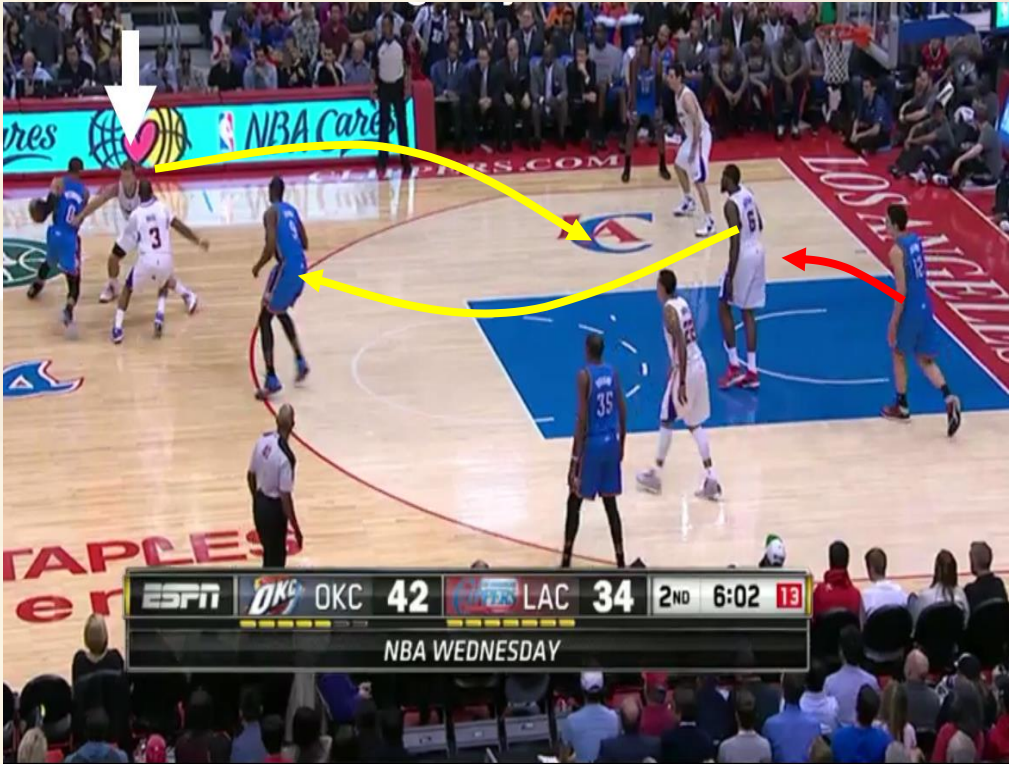
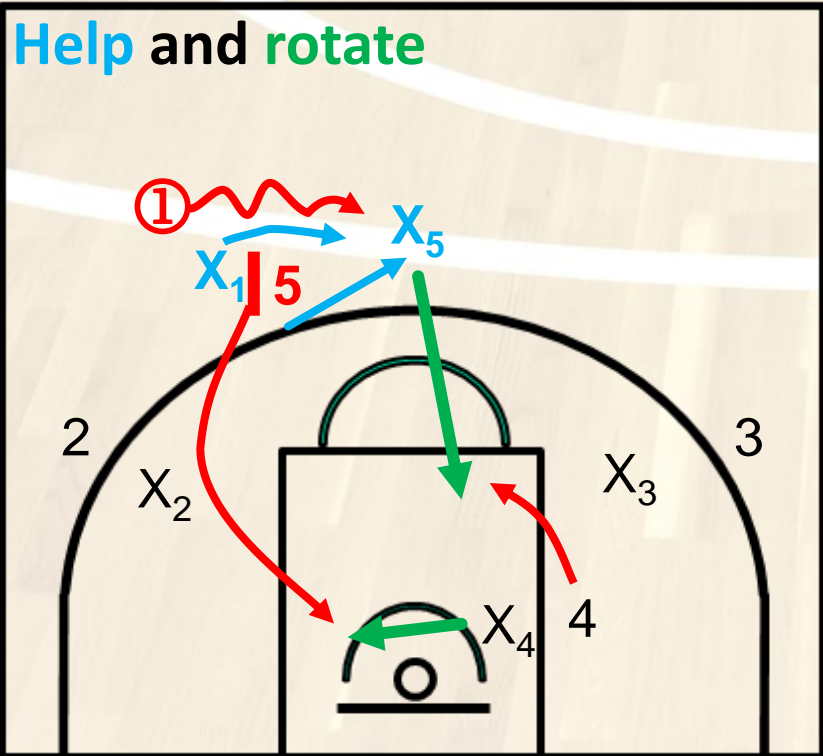
Teleovic sticks his arm out

MIAMI HEAT - ON THE FLOOR		
34 R. ALLEN	30 N. COLE	
9 R. LEWIS	11 C. ANDERSEN	1 C. BOSH

BKN 2ND

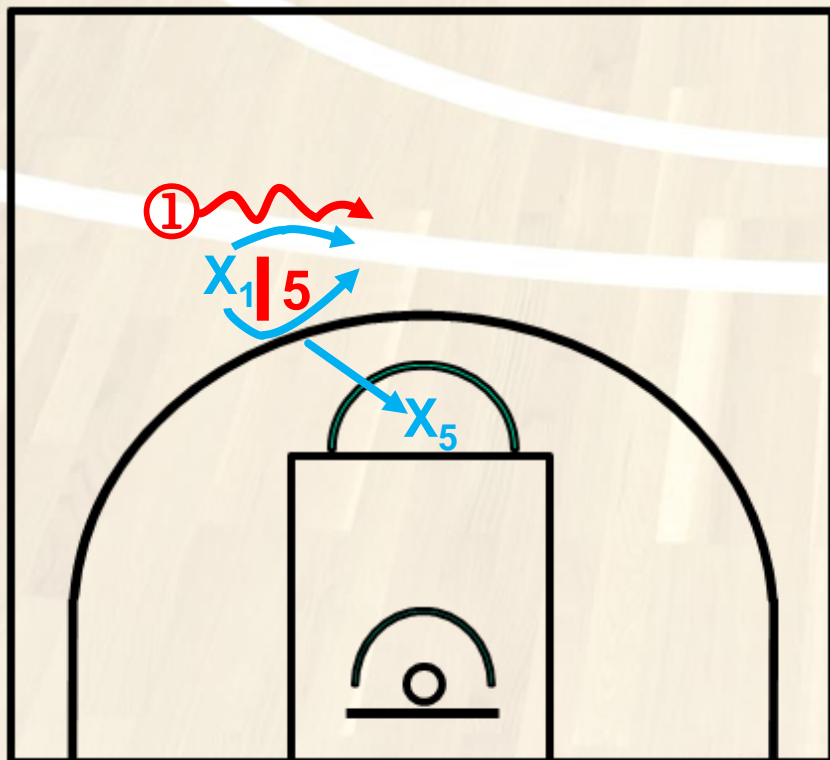


# Help and rotate





# Protect the lane (flat)

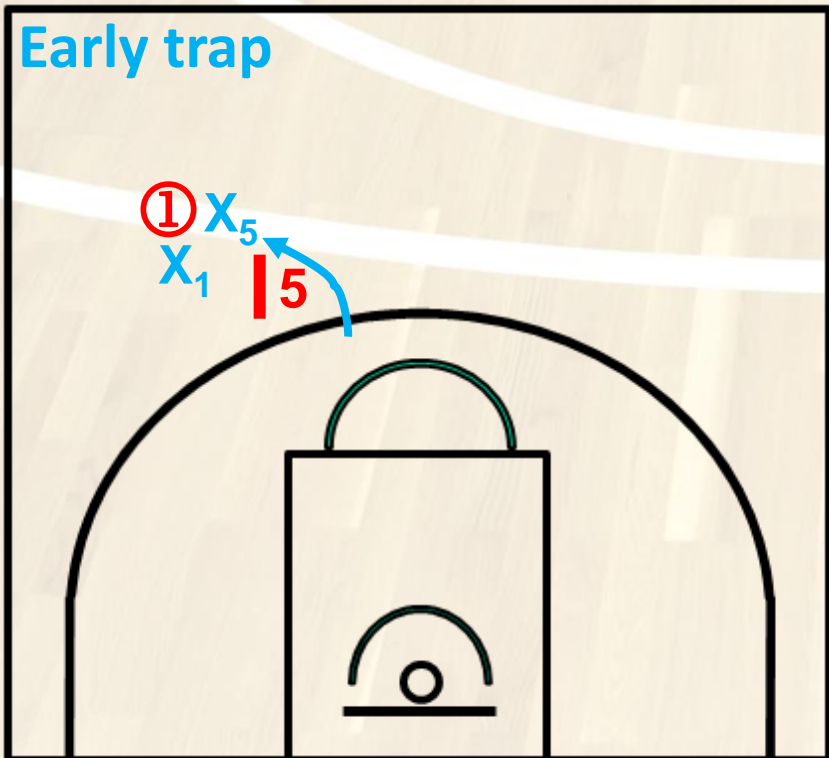






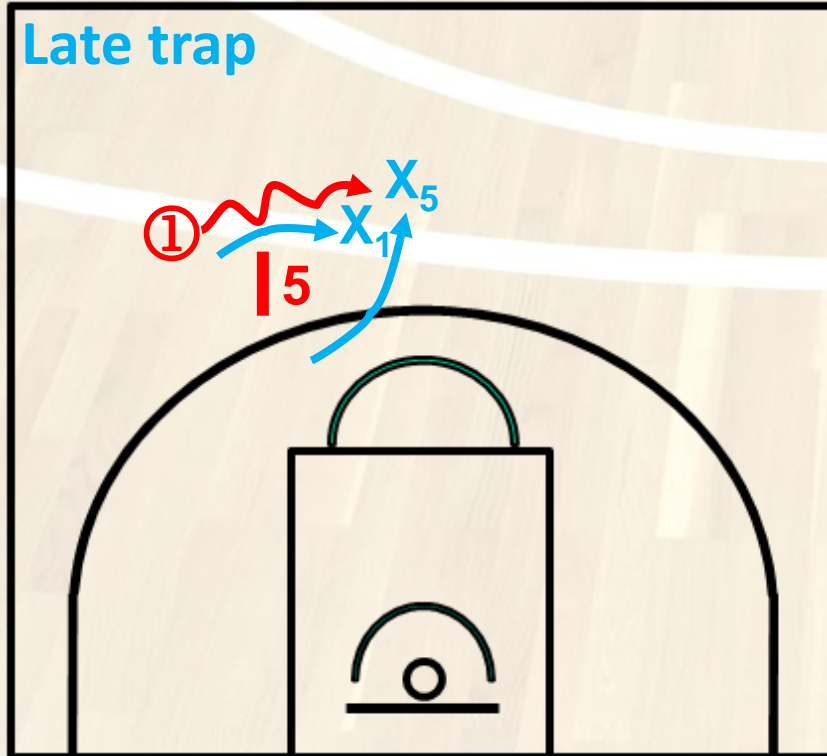
# Trapping (Blitz)

Early trap



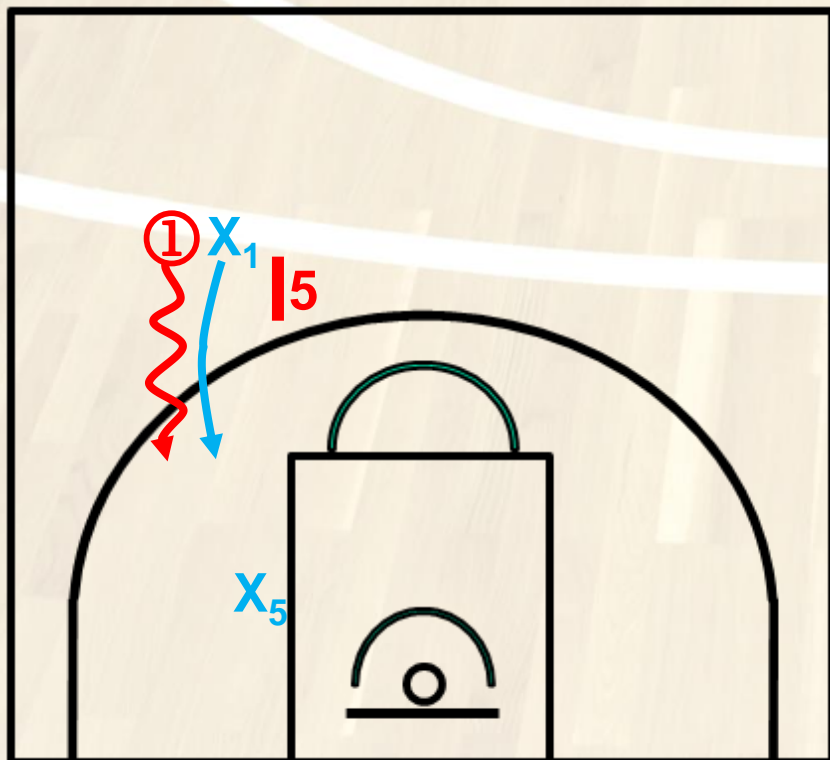


# Trapping (Blitz)





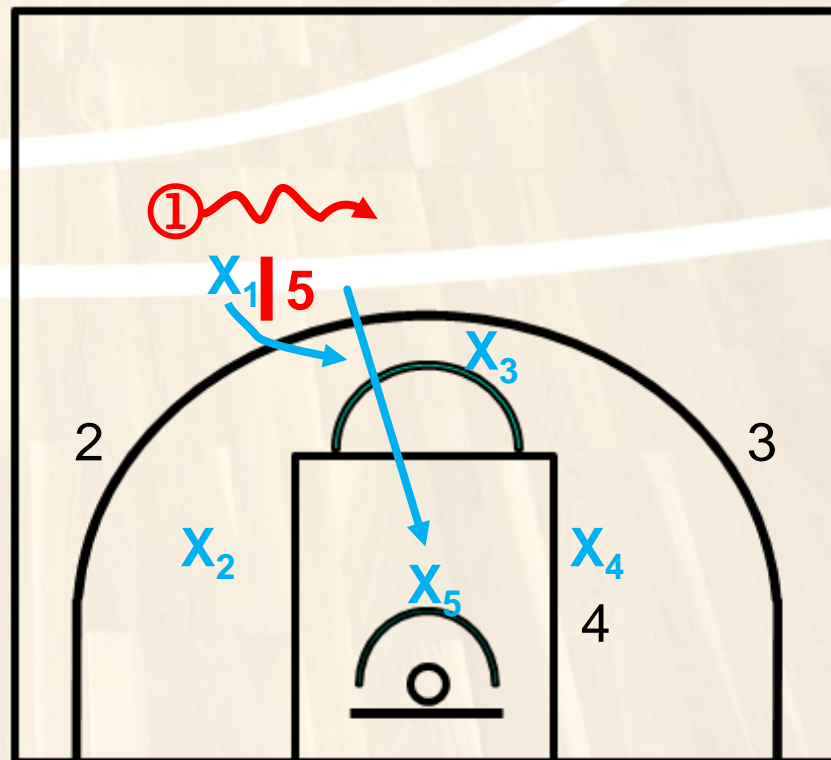
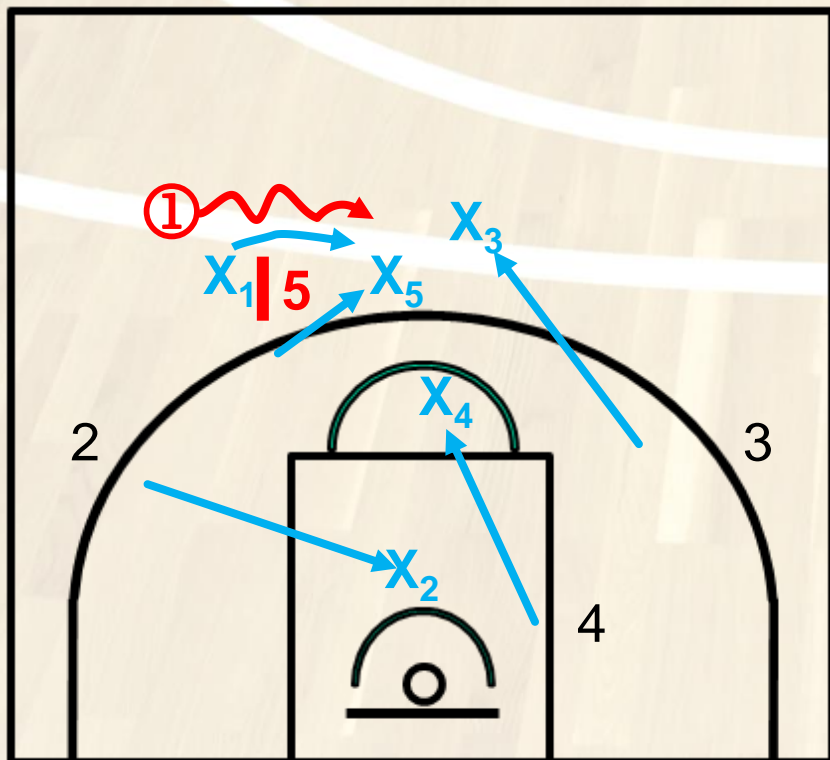
# Fanning (Ice, Blue, Down...)





# Swarming

# Zone





## PICK & ROLL



**Thank you very much for your attention!**

